

# CAMP CAYUGA

# ACTIVITY CONTROL FORM

## FOR THE JUNIOR CAMPUS ELECTIVE PROGRAM

BUSINESS OFFICE (BEFORE JUNE 9<sup>th</sup>): CAMP CAYUGA, PO BOX 151, PEAPACK, NJ 07977, USA. TELEPHONE: (908) 470-1224, FAX: (908) 470-1228.  
EMAIL: INFO@CAMPCAYUGA.COM \* WEBSITE: WWW.CAMPCAYUGA.COM  
SUMMER ADDRESS (AFTER JUNE 9<sup>th</sup>): CAMP CAYUGA, 321 NILES POND ROAD, HONESDALE, PA 18431, USA. (570) 253-3133, FAX: (570) 253-3194.

### WHAT'S AN ACTIVITY CONTROL FORM?

This *Activity Control Form* relates to the Elective Program on Junior Campus. By completing this form, parents can "control" their child's activity selections at camp. THIS FORM IS VOLUNTARY. If you want your child to select ALL of his/her own activities at camp this summer, do not complete this form. On the other hand, if you want to be assured your child is scheduled certain activities this summer, you should complete this form.

### WHO DOES THIS FORM APPLY TO?

This form is for parents who have campers residing on Junior Campus who are participating in the Elective Program. This includes campers who are entering 5<sup>th</sup> and higher in September. This form does NOT apply to campers who are entering 4<sup>th</sup> grade or lower. (These campers follow a "structured" activity program and do not participate in the Elective Program.) Also, this form does NOT apply to campers residing on Teen Campus.

### WHY COMPLETE THIS FORM?

*The Activity Control Form* has been prepared for parents who anticipate their child will not select certain activities at camp, after being instructed to do so by their parents. It insures parents that their top 3 priority activities will appear in their child's activity schedule.

### YOUR SELECTIONS ARE PERMANENT

Your activity selections are "permanent" and cannot be changed or removed from your camper's activity schedule. Therefore, only select activities you consider "mandatory" for your child.

### YOUR SELECTIONS ARE LIMITED

If you intend to use *The Activity Control Form*, select no more than 3 activities from the list on the reverse side and limit the frequency for each activity to no more than 3 periods per week. (Exceptions: Horseback Riding is limited to 2 periods per week. The Flying Trapeze and Extreme Sport Jumping are limited to 1 period per week.) Keep in mind that your child can sign-up for more periods at camp!

### WHEN IS THIS FORM DUE?

This form should be received by June 1<sup>st</sup> or at least 3 weeks prior to your camper's arrival date.

### HOW TO COMPLETE THIS FORM?

Review the list of activity offerings on the reverse side. Select up to 3 activities you consider "mandatory" for your child's activity schedule. Also indicate the number of periods (up to 3) per week the activity is to appear in your child's schedule. If you do NOT want your camper to attend a certain activity, indicate a zero "0" next to the activity name. The activities you select will be randomly assigned a particular day and time period. As a result, these activities may not be assigned with your child's cabin-mates and friends.

### SPECIAL CIRCUMSTANCES

While completing this form guarantees your child will be scheduled the activities you selected, it doesn't guarantee participation. For instance, if your child volunteers to participate in an Intercamp Tournament that takes place at the same as one of your selected "mandatory" activities, the Intercamp Tournament takes precedence. The same holds true when the Program Director cancels the normal activity program and implements a special "hot day" program or "rainy day" program. Under these special circumstances, your selected "mandatory" activities are not rescheduled. However, your child still has the opportunity to select these activities during the daily sign-up period.

### DAILY ACTIVITY SIGN-UPS

Activity selections are made by campers on a DAILY basis! This is one of the special features of Cayuga's Elective Program. Every morning immediately after breakfast, campers (who are participating in the Elective Program) attend a sign-up period. This is when your child makes his/her activity selections for the day. Campers sign-up at the same time as their cabin-mates and other campers who are entering the same grade. This arrangement gives your child the opportunity to plan his/her activity schedule with his/her friends!

### ACTIVITY CARDS & ROSTERS

During the daily sign-up period, your child will be given an Activity Card to record his/her activity selections and the time-period selected for each activity. (Campers keep their Activity Card with them throughout the day.) At the same time, our Program Staff records your child's selections on Instructor Activity Rosters, which are used for attendance purposes. The Program Staff also retains copies of all rosters in the event your child misplaces his/her Activity Card!

# CAMP CAYUGA - ACTIVITY CONTROL FORM

**ACTIVITY LIST:** Select no more than 3 activities. This list does not include activities that require advance registration and an extra program fee, such as ATV Quad Riding, Paintball, and Private Tennis Lessons.

- |  |   |   |
|--|---|---|
| AEROBICS   | GAME ROOM                               | RIFLERY   |
| ARCHERY  | GOLF                                    | ROCK CLIMBING (20' wall)                            |
| ARTS & CRAFTS  | GYMNASTICS                              | ROLLER HOCKEY                                       |
| BADMINTON  | HORSEBACK RIDING<br>(maximum 2 periods) | ROPES COURSE<br>(excludes zip line & climbing wall) |
| BASEBALL   | HIKING                                  | RUGBY   |
| BASKETBALL   | IN-LINE SKATING                         | SAILING   |
| BOATING<br>(canoes, pedal boats, kayaks, etc)          | INSTRUCTIONAL SWIM                      | SINGING/CHORUS                                      |
| CAMP NEWSPAPER   | JOGGING                                 | SKATEBOARDING                                       |
| CERAMICS   | JUDO                                    | SOCCER  |
| CHEERLEADING   | JUNIOR STABLE STAFF                     | SOFTBALL  |
| CHESS  | KARATE                                  | TENNIS  |
| CIRCUS ARTS<br>(juggling, diabolo, devil sticks, etc.) | LACROSSE                                | TETHERBALL  |
| CREATIVE ARTS  | MODEL ROCKETRY                          | EXTREME SPORT JUMPING<br>(maximum 1 period)         |
| DANCE  | MOUNTAIN BIKING                         | ULTIMATE FRISBEE                                    |
| DODGEBALL  | MUSIC                                   | VIDEO CAMERA OPERATION                              |
| DRAMA  | NEWCOMB                                 | VOLLEYBALL  |
| FIELD HOCKEY   | PETTING ZOO                             | WATER BASKETBALL                                    |
| FISHING  | PHOTOGRAPHY (darkroom)                  | WATER POLO  |
| FLAG FOOTBALL  | PING PONG                               | WATER VOLLEYBALL                                    |
| FLOOR HOCKEY   | POTTERY                                 | WRESTLING   |
| FLYING TRAPEZE<br>(maximum 1 period)                   | RADIO BROADCASTING                      | YOGA  |
| GA-GA  | RECREATIONAL SWIM (at pool)             | ZIP LINE  |
|  | RECREATIONAL SWIM (at lake)             |   |

**INSTRUCTIONS:** 1) Select up to 3 activities from the list above. Your activity selection is permanent and will automatically appear on your child's Activity Card. 2) Indicate the number of periods per week for each activity you selected. Maximum number of periods per week is 3, unless specified otherwise. Keep in mind your child will have the opportunity to sign-up for more periods on a daily basis. 3) Parent and camper signatures are required. 4) Return this form before June 1<sup>st</sup> or at least 3 weeks prior to your child's arrival day.

**CAMPER'S LAST NAME** (print): \_\_\_\_\_ **FIRST NAME:** \_\_\_\_\_

**SESSION:**  Full Season,  6 Weeks,  First-Half,  Second-Half

**MINI SESSION:**  First 2-weeks,  Second 2-weeks,  Third 2-weeks,  Last 2-weeks.

**GENDER:**  Male,  Female. **GRADE ENTERING IN SEPTEMBER:**  5<sup>th</sup>,  6<sup>th</sup>,  7<sup>th</sup>,  8<sup>th</sup>,  9<sup>th</sup>

**ACTIVITY #1:** \_\_\_\_\_ **NUMBER OF PERIODS PER WEEK:** \_\_\_\_\_

**ACTIVITY #2:** \_\_\_\_\_ **NUMBER OF PERIODS PER WEEK:** \_\_\_\_\_

**ACTIVITY #3:** \_\_\_\_\_ **NUMBER OF PERIODS PER WEEK:** \_\_\_\_\_

I request the above activities to be pre-scheduled in my child's program and understand my selections are permanent.

**PARENT'S SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

I agree to attend and participate in the activities my parents have selected.

**CAMPER'S SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_