

# CAMP CAYUGA

# ACTIVITY CONTROL FORM

## FOR THE JUNIOR CAMPUS ELECTIVE PROGRAM

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### THE ACTIVITY CONTROL FORM?

This *Activity Control Form* relates to the Elective Program on Junior Campus. By completing this form, parents can “control” their child’s activity selections at camp. THIS FORM IS VOLUNTARY. If you want your child to select ALL of his/her own activities at camp this summer, do not complete this form. On the other hand, if you want to be assured your child is scheduled certain activities this summer, you should complete this form.

### WHO DOES THIS FORM APPLY TO?

This form is for parents who have campers residing on Junior Campus who are participating in the Elective Program. This includes campers who are entering 5<sup>th</sup> grade and higher in September. This form does NOT apply to campers who are entering 4<sup>th</sup> grade or lower. (These campers follow a “structured” activity program and do not participate in the Elective Program.) Also, this form does NOT apply to campers residing on Teen Campus.

### WHY COMPLETE THIS FORM?

*The Activity Control Form* has been prepared for parents who anticipate their child will not select certain activities at camp, after being instructed to do so by their parents. It ensures parents that their child’s program schedule will include certain activities.

### YOUR SELECTIONS ARE PERMANENT

The activities you select on this form cannot be changed during your camper’s stay. So be careful - only select activities you consider “mandatory and permanent”.

### YOUR SELECTIONS ARE LIMITED

If you intend to use *The Activity Control Form*, select no more than 3 activities from the list on the reverse side and limit the frequency for each activity to no more than 3 periods per week. (Some exceptions are stated on the reverse side.) Please keep in mind that your child can sign-up daily for more periods at camp!

### HOW TO COMPLETE THIS FORM?

Review the list of activity offerings on the reverse side. Select up to 3 activities you consider “mandatory” for your child’s activity schedule. Also indicate the number

of periods (up to 3) per week the activity is to appear in your child’s schedule. If you do NOT want your camper to attend a certain activity, indicate a zero “0” next to the activity name. The activities you select for your child will be randomly assigned a particular day and time period. There is no guarantee your camper will be assigned to activities with his cabinmates/friends.

### SPECIAL CIRCUMSTANCES

While completing this form guarantees your child will be scheduled the activities you selected, it doesn’t guarantee participation. For instance, if your child volunteers to participate in an Intercamp Tournament that takes place at the same time as one of your selected activities, the Intercamp Tournament takes precedence. The same holds true when the Program Director cancels the normal activity program and implements a special “hot day” program or “rainy day” program. Under these special circumstances, your child will not have the opportunity to participate in the activity he was scheduled to attend. The “missed” activity is not rescheduled, but can be selected by the camper the following day as an elective.

### DAILY ACTIVITY SIGN-UPS

Activity selections are made by campers on a DAILY basis! This is one of the special features of Cayuga’s Elective Program. Every morning immediately after breakfast, campers (who are participating in the Elective Program) attend a sign-up period. This is when your child makes his activity selections for the day. Campers sign-up at the same time as their cabinmates and other campers who are entering the same grade. This arrangement provides your child with the opportunity to plan his activity schedule with his friends!

### ACTIVITY CARDS & ROSTERS

During the daily sign-up period, your child will be given an Activity Card to record his activity selections and the time-period selected for each activity. (Your selected activities will be printed on your camper’s Activity Card before it’s given to him.) Campers keep their Activity Card with them throughout the day. Our staff records your child’s selections on Activity Rosters, which are used by our Instructors for attendance purposes. The Program Staff also retains copies of all rosters in the event your child misplaces his/her Activity Card!

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This list does not include activities that require advance registration and an extra program fee, such as Paintball, ATV Quad Riding (4-Wheelers), and Private Tennis Lessons.

AEROBICS	GAME ROOM	RIFLERY
ARCHERY	GOLF	ROCK CLIMBING (32' tower)
ARTS & CRAFTS	GYMNASTICS	ROLLER HOCKEY
BADMINTON	HORSEBACK RIDING (maximum 2 periods)	ROPES COURSE (excludes zip line & climbing wall)
BASEBALL	HIKING	RUGBY
BASKETBALL	IN-LINE SKATING	SAILING
BOATING (canoes, pedal boats, kayaks, etc)	INSTRUCTIONAL SWIM	SINGING/CHORUS
CAMP NEWSPAPER	JOGGING	SKATEBOARDING
CERAMICS	JUDO	SOCCER
CHEERLEADING	JUNIOR STABLE STAFF	SOFTBALL
CHESS	KARATE	TENNIS (maximum 2 periods)
CIRCUS ARTS (juggling, diabolo, devil sticks, etc.)	LACROSSE	TETHERBALL
CREATIVE ARTS	MODEL ROCKETRY	EXTREME SPORT JUMPING (maximum 1 period)
DANCE	MOUNTAIN BIKING	ULTIMATE FRISBEE
DODGEBALL	MUSIC	VIDEO CAMERA OPERATION
DRAMA	NEWCOMB	VOLLEYBALL
FIELD HOCKEY	PETTING ZOO	WATER BASKETBALL
FISHING	PHOTOGRAPHY (darkroom)	WATER POLO
FLAG FOOTBALL	PING PONG	WATER VOLLEYBALL
FLOOR HOCKEY	POTTERY	WRESTLING
FLYING TRAPEZE (max 1 period)	RADIO BROADCASTING	YOGA
GAGA	RECREATIONAL SWIM (at pool)	ZIP LINE
	RECREATIONAL SWIM (at lake)	

**INSTRUCTIONS:** Select up to 3 activities from the list above. Your activity selection is permanent and will appear on your child's Activity Card. Indicate the number of periods per week for each activity. Maximum number is 3 periods per week, except for Horseback Riding (max 2), Tennis (max 2), Flying Trapeze (max 1), and Bungee Jumping (max 1). Your child will have the opportunity to sign-up for more periods on a daily basis. Parent and camper signatures are required. Return this form at least 3 weeks prior to your child's arrival day.

**CAMPER'S LAST NAME** (print): \_\_\_\_\_ **FIRST NAME:** \_\_\_\_\_

**SESSION:**  Full Season,  First 6-Weeks,  Last 6-Weeks,  First-Half,  Second-Half

**MINI SESSION:**  First 2-weeks,  Second 2-weeks,  Third 2-weeks,  Last 2-weeks.

**GENDER:**  Male,  Female. **GRADE ENTERING IN SEPTEMBER:**  5<sup>th</sup>,  6<sup>th</sup>,  7<sup>th</sup>,  8<sup>th</sup>,  9<sup>th</sup>

**ACTIVITY #1:** \_\_\_\_\_ **NUMBER OF PERIODS PER WEEK:** \_\_\_\_\_

**ACTIVITY #2:** \_\_\_\_\_ **NUMBER OF PERIODS PER WEEK:** \_\_\_\_\_

**ACTIVITY #3:** \_\_\_\_\_ **NUMBER OF PERIODS PER WEEK:** \_\_\_\_\_

I request the above activities to be pre-scheduled in my child's program and understand my selections are permanent.

**PARENT'S SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

I agree to attend and participate in the activities my parents have selected.

**CAMPER'S SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_