

THE CAYUGA CHRONICLE

OCTOBER 2025
THE AUTUMN ISSUE

CIT HIGHLIGHT

WE WOULD LIKE TO TAKE A MOMENT TO SHINE A SPOTLIGHT ON OUR AMAZING AND HARD WORKING COUNSELORS IN TRAINING! IN THE SUMMER OF 2025, WE WELCOMED 10 TOTAL CITs TO OUR TEAM. OUR CITs EXCELLED IN EVERY ROLE THEY TOOK ON, SHOWCASING THEIR HARD WORK, ENERGY AND MOTIVATION. THEIR DEDICATION DID NOT GO UNNOTICED, AS THEY BROUGHT A SUPER UNIQUE SPARK TO THE CAMP ATMOSPHERE. FROM ENGAGING IN EVENING ACTIVITIES & SPECIAL EVENTS TO INSTRUCTING VARIOUS CAMP ACTIVITIES, OUR CITs WERE ALWAYS READY TO LEND A HAND AND MAKE A DIFFERENCE. THE CITs FORMED STRONG BONDS WITH THE CAMPERS, SERVING AS ROLE MODELS AND MENTORS. THEY INSPIRED THE CAMPERS TO PUSH THEIR LIMITS, TRY NEW THINGS, AND EMBRACE THE CAMP SPIRIT. WE ARE PROUD OF THEIR CONTRIBUTIONS AND GROWTH, AND WE KNOW THEY WILL CONTINUE TO SHINE BRIGHTLY IN ALL THEIR ENDEAVORS. THANK YOU, COUNSELORS IN TRAINING, FOR YOUR EXTRAORDINARY EFFORTS AND FOR MAKING THE SUMMER OF 2025 TRULY UNFORGETTABLE!

DIVE INTO ADVENTURE WITH THE SCUBA CLINIC

Cayuga's Scuba Clinic has been a success for many years! During each 2-week camp session, we offer an exciting scuba clinic. All campers are eligible to sign-up, as long as you have passed your swim test. In the scuba clinic, you will learn about scuba equipment & how to assemble your dive gear; how to breathe and communicate under water; and how to control your buoyancy under water. The clinic is an introductory course, so you don't need any prior experience. During this past summer, close to 150 campers registered for the clinic, making it an absolute blast! There are three ways to sign-up for the '26 scuba clinics: 1) on your camper application, 2) on your online dashboard, 3) at camp one day prior to the clinic. See ya underwater!



SPORT CLINICS

We believe that offering a variety of activities ensures that every camper finds something they are passionate about and can excel in. Our enthusiastic instructors are dedicated to providing a fun and supportive environment where campers can develop new skills, make friends & build confidence. Aside from the wide range of activities we offer daily in our elective & junior program, we also offer unique & engaging sport clinics for campers of all ages. To name a few: basketball, gaga, horseback, volleyball, tennis & soccer. Our clinics consist of drills, warm-ups, competition & gameplay. These clinics are designed to challenge campers in new ways & emphasize not only skill, but the importance of sportsmanship!



CAMPER OF THE WEEK

Camper of the Week is a long-standing tradition at Camp Cayuga, where campers are recognized for their accomplishments. Every week, one camper from each cabin is honored with this prestigious title. Staff cast their votes based on criteria of a camper who embodies the qualities that make the Cayuga community better. Campers who are awarded this award receive a special t-shirt and Cayuga pennant at Evening Flagpole. The anticipation & excitement build throughout the week as campers strive to exhibit kindness, leadership & a positive attitude, qualities that are highly regarded at Camp Cayuga. The tradition not only celebrates individual achievements but also strengthens the sense of community and shared values that make Camp Cayuga a special place. In addition to our Camper of the Week award, we also present a Counselor of the Week award. Each week, one male and one female counselor are recognized. These individuals are engaged, enthusiastic & outstanding mentors to our campers. They go above & beyond in their duties, inspiring both campers and fellow staff with their commitment & positivity.

NEWSLETTER CONEST

WORD SEARCH PUZZLE

COMPLETE THE CAYUGA THEMED WORD SEARCH PUZZLE FOR A CHANCE TO WIN CAMP MERCHANDISE! 1) SNAP A PHOTO OF YOUR COMPLETED PUZZLE. 2) SEND US YOUR PICTURE VIA DM OR EMAIL BY NOVEMBER 10TH. WINNERS WILL BE CHOSEN AND NOTIFIED THROUGH EMAIL OR DM ON NOVEMBER 11TH. GOOD LUCK!

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FIND THE WORDS BELOW

PAINTBALL CANTEEN TENNIS BESTIE
COLORWAR KARAOKE CAMPER SUMMER
ZIPLINE CAYUGA FISHING SOCCER ATV

TEEN CAMPUS

One of Cayuga's most unique features is its Teen Campus. Teen Campus is reserved exclusively for our teen campers! Teens entering 8th-11th grade who are 13 years of age or older (before camp) reside on Teen Campus, which houses roughly 85 girls & 75 boys. Teen Campus fosters a close-knit and friendly community where everyone knows one another. It's designed to cater to the interests and energy of older campers. The Teen Camp Program affords you the best opportunity to learn & have fun with your peers. Whether it's conquering the climbing wall or simply relaxing with friends by the campfire, Teen Campus is a place where teens can thrive and make cherished memories.



Note: Campers entering 8th grade who are 13 years old (before camp) also have the option to live on Junior Campus.



CAMP CAYUGA
Memories That Last a Lifetime

LIFE LESSONS YOU'LL LEARN AT CAMP

Independence: Campers learn to take care of themselves — brushing teeth, managing clothes, getting to activities on time. Making decisions helps build confidence!

Social Skills: Living in close quarters teaches sharing, cooperation, and empathy. Kids practice navigating new social groups, resolving conflicts, and forming bonds quickly.

Responsibility: Daily cabin chores or group responsibilities teaches accountability. Campers see the impact of their actions on others.

Resilience: Whether it's homesickness, failing at a new activity, or not winning a game, camp challenges kids in safe ways. They learn to bounce back and try again.

Communication & Teamwork: From playing team sports to putting on a skit, kids have to listen, collaborate, and express themselves clearly. It helps develop leadership and followership.

PARENTS & CAMPERS: DON'T FORGET TO MARK THESE IMPORTANT 2026 CAMP DATES IN YOUR CALENDAR!

KEY DATES TO REMEMBER

- 2-1: \$500 PAYMENT DUE
- 4-26: ANNUAL OPEN HOUSE
- 5-1: TUITION BALANCE DUE
- 6-1: BUNK REQUEST FORMS DUE
- 6-7: HEALTH FORMS DUE (OR 3 WEEKS BEFORE ARRIVAL)
- 6-12: NJ BUSINESS OFFICE CLOSING FOR SUMMER
- 6-13: PA CAMP OFFICE OPENS FOR SUMMER
- 6-28: FIRST DAY OF CAMP
- 7-12: 2ND 2-WEEK, MIDDLE-HALF, LAST 6-WEEK SESSION CAMPERS ARRIVE
- 7-26: 3RD 2-WEEKERS & 2ND-HALF CAMPERS ARRIVE
- 8-9: LAST 2-WEEK CAMPERS ARRIVE
- 8-22: LAST DAY OF CAMP
- 8-30: PA CAMP OFFICE CLOSING
- 9-8: NJ BUSINESS OFFICE REOPENS



2026 CAMP DATES



EVENING ACTIVITIES

THROUGHOUT THE SUMMER, WE HOST 2 SEPARATE EVENING ACTIVITIES EACH NIGHT – 1 ON THE JUNIOR CAMPUS AND ANOTHER ON THE TEEN CAMPUS. EACH EVENT IS DESIGNED TO BRING ALL CAMPERS & STAFF TOGETHER IN A HIGH-ENERGY ATMOSPHERE. THESE ACTIVITIES CAN RANGE FROM DANCE SOCIALS TO THRILLING COMPETITIONS, MAKING EVENING EVENTS THE MOST EAGERLY AWAITED PART OF THE DAY. SOME FAN FAVORITES INCLUDE: MISSION IMPOSSIBLE, CAYUGA'S GOT TALENT, RAT RACE, LIP SYNC BATTLE, VACATION CHASE, LET'S MAKE A DEAL, BATTLE OF THE QUAD, SPORTS CHALLENGE, THE CIRCUS SHOW, COUNSELOR CHALLENGE & LAS VEGAS NIGHT.



EVERY SUMMER, WE AIM TO EXPAND OUR EVENING ACTIVITY PROGRAM. CAMPERS & STAFF, WE WOULD LOVE TO HEAR YOUR SUGGESTIONS FOR NEW ACTIVITIES TO INCORPORATE INTO OUR PROGRAM. YOUR FEEDBACK & SUGGESTIONS ARE INCREDIBLY VALUABLE TO US!

PAINTBALL

Paintball is an action-packed activity where the thrill and excitement will get your adrenaline pumping! Paintball is an optional activity for campers entering 5th grade and higher. Due to the fact that paintball is so popular, advance registration is required. We offer paintball every day during the summer. During a game of paintball, players engage in a competitive, team-based activity where they try to eliminate opponents by hitting them with paint-filled pellets. Each game combines teamwork, movement, strategy and a bit of adrenaline! Generally, we assign a total of 20 to 30 campers to each game. Paintball games run for 3 periods lasting for approx. 2.5 hours. Last summer, our Cayuga campers had the opportunity to compete in a paintball tourney against a local camp, and they had an absolute blast!



MINI ME DAY

BEST FRIEND

Mini-Me Day is an exhilarating special event at camp! Every two weeks, campers have the opportunity to shadow their favorite Senior Staff member or Counselor. It's a unique day that allows campers to gain insight into the daily responsibilities and leadership skills of camp staff. To take part, campers must submit a ballot explaining why they wish to be the mini-me of their chosen staff member. Campers can also opt to give a speech during lunch to elaborate on their choice. Last summer, campers have shadowed Division Directors, assisting with cabin inspections; followed their favorite Activity Director or Instructor at various activity locations, such as the lake, barn, or climbing wall; and assisted the Evening Activity Directors with future night time activity prep. To conclude the day, all mini-me's head to a private pool party! It's a great day!

SUMMER MEMORIES



Summer Address: 321 Niles Pond Rd.
Honesdale, PA 18431
Telephone: (570)253-3133



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