

# Camp Cayuga

## RECOMMENDED CLOTHING LIST

This is a general guide for what the average child will need at camp based on a 10-day rotation. The camp laundry is picked-up each week and returned in 1-2 days. This list is for all campers, regardless of their length of stay. Keep in mind our camp atmosphere is relaxed and everyone dresses comfortably in shorts and t-shirts. There's no emphasis on fashion. Remember to label all items.

### CLOTHING

- \_\_\_ 9 t-shirts
- \_\_\_ 2 red t-shirts (for camp uniform). T-shirt to be solid red color without a logo, or an official Cayuga red t-shirt which is available for purchase at the canteen. These 2 shirts are in addition to the free Cayuga red t-shirt that's given to each camper at camp.)
- \_\_\_ 3 sweatshirts or sweaters
- \_\_\_ 7 pairs of shorts
- \_\_\_ 2 pairs of black shorts (required for camp uniform)
- \_\_\_ 3 pairs of jeans and/or sweatpants
- \_\_\_ 12 pairs of underwear
- \_\_\_ 12 pairs of socks
- \_\_\_ 2 pairs of pajamas/night wear (warm & light weight)
- \_\_\_ 1 bathrobe (optional)
- \_\_\_ 4 swimsuits (no cheeky bottoms, no speedos)
- \_\_\_ 1 light weight jacket or windbreaker (sold at camp)
- \_\_\_ 1 hooded raincoat or poncho (sold at camp)
- \_\_\_ 1 warm jacket
- \_\_\_ dress clothes (for the farewell social at end of first-half session and prom at end of summer)

### FOOTWEAR

- \_\_\_ 2 pair of sneakers
  - \_\_\_ 1 pair of shoes or boots with heels (required for horseback riding)
  - \_\_\_ 1 pair of rubber boots or shoes (for rainy weather)
  - \_\_\_ 1 pair of aqua shoes or sandals
  - \_\_\_ 1 pair of dress shoes (for the farewell social at end of first-half session, and prom at end of summer)
- Note: Flip flops & footwear not having a heel strap are discouraged due to the camp's uneven terrain.

### BED & BATH

- \_\_\_ 2 sets of sheets (campers are required to sleep between 2 sheets, mattress is cot-size 75"x 30"x 5")
  - \_\_\_ 2 pillowcases
  - \_\_\_ 1 pillow (sold at camp)
  - \_\_\_ 1 blanket (sold at camp)
  - \_\_\_ 5 bath towels
  - \_\_\_ 2 beach towels
  - \_\_\_ 3 washcloths
  - \_\_\_ 1 laundry bag
- Note: small-size mesh bags, previously used for dirty socks, are no longer permitted by our laundry company)

### PERSONAL ITEMS

- \_\_\_ water bottle (required & sold at camp)
  - \_\_\_ writing paper (required)
  - \_\_\_ envelopes (required, sold at camp).
- Note: Prepare pre-addressed pre-stamped envelopes for campers entering 6<sup>th</sup> grade and lower.
- \_\_\_ postage stamps (required, sold at camp)
  - \_\_\_ pens & pencils
  - \_\_\_ baseball cap (sold at camp)
  - \_\_\_ sunglasses
  - \_\_\_ extra pair of prescription glasses and/or contact lenses
  - \_\_\_ prepaid calling card (sold at camp)
- Note: required for international calls.
- \_\_\_ prepaid visa gift card (for off-camp trips that are cashless)
  - \_\_\_ books, magazines, games, cards, etc.

### TOILETRY ITEMS

- \_\_\_ toothbrush & storage holder (sold at camp)
- \_\_\_ toothpaste (sold at camp)
- \_\_\_ liquid body soap
- \_\_\_ plastic drinking cup
- \_\_\_ shampoo & conditioner
- \_\_\_ pocket-size hand sanitizer
- \_\_\_ shower caddy (optional)
- \_\_\_ deodorant
- \_\_\_ hairbrush
- \_\_\_ sunscreen lotion
- \_\_\_ insect repellent
- \_\_\_ tissues

### CAMPING GEAR

- \_\_\_ small backpack or tote-bag for day trips (sold at camp)
- \_\_\_ flashlight with batteries (sold at camp)
- \_\_\_ sleeping bag (for optional survival clinics)
- \_\_\_ small desk-top fan (optional)

### OPTIONAL ACTIVITY ITEMS

- \_\_\_ baseball/softball glove
  - \_\_\_ diablo (sold at camp)
  - \_\_\_ white cotton t-shirt (for tie-dyeing, air brushing, fabric painting - sold at camp.)
  - \_\_\_ costumes & small props (for crazy hat day, Halloween social, etc.)
- Note: Campers are discouraged from bringing their own equipment, including tennis rackets, riding helmets, fishing rods, etc.

### PROHIBITED ITEMS

- ⊗ provocative or inappropriate dress including transparent/sheer clothing, cropped tops, cheeky swimsuit bottoms, speedos, short shorts, and the like.
- ⊗ all electronic devices that support internet access
- ⊗ computers, laptops, cell phones, tablets, ipods, smart watches, TVs, DVD players
- ⊗ cameras or any other device with video filming capability
- ⊗ portable 2-way radios
- ⊗ video game discs & consoles (Xbox, PlayStation)
- ⊗ hand-held video games
- ⊗ headphones
- ⊗ bicycles, scooters, skateboards
- ⊗ golf clubs
- ⊗ baseball/softball bats
- ⊗ musical instruments
- ⊗ curling irons, straightening irons (See 'Restricted Items' below)
- ⊗ coffee machines
- ⊗ refrigerators, coolers, air conditioners, large room fans
- ⊗ electric blankets, space heaters
- ⊗ storage containers that do not fit under the bed (height must be 15" or less)
- ⊗ matches, lighters, fireworks, martial arts weapons, knives
- ⊗ hair clippers, hair dye, temporary tattoo kits

### PROHIBITED - IRREPLACEABLE & EXPENSIVE ITEMS

Irreplaceable items and expensive items (jewelry, musical instruments, etc.) need to remain at home and should not be brought to camp. If you bring these items, you are responsible for them. As stated on the enrollment application, it's understood that Camp Cayuga is not responsible for any item said to be damaged, lost or stolen.

### PROHIBITED - EDIBLE ITEMS (see "Care-Package" section in parent handbook)

- ⊗ chewing gum
- ⊗ nut products
- ⊗ energy drinks (caffeinated, etc)
- ⊗ items requiring refrigeration, perishable foods (fruit)
- ⊗ baked goods, candy, and other sugar-based items

### PROHIBITED - OBVIOUS REASONS

- ⊗ cigarettes, tobacco products, vape pipes, narcotics
- ⊗ alcohol, nonalcoholic beer/wine, pornography
- ⊗ paintball guns/pellets, water guns
- ⊗ firearms, ammunition, bows, arrows

### RESTRICTED ITEMS

⊗ CAMERAS: Cameras with no internet or video filming capability are permitted, but photos can only be taken outdoors. Photos cannot be taken indoors, including cabins, bathrooms, infirmary, dressing areas and the like.

⊗ E-READERS (KINDLE): They are permitted, but can only be used inside the camper's cabin. They are not permitted inside any other building (eg. game room, rec center), and are never permitted outdoors. They're considered anti-social and have no purpose outside the camper's cabin where they can be left behind.

⊗ CURLING IRONS & STRAIGHTENERS: These are only permitted on Teen Campus. They must be unplugged when not in use. Being turned-off is not good enough! If the item is found plugged in, it will be confiscated. Please explain this to your teenside camper.